THE SCIENCE OF HEALTHY LIVING

BY SHARON BEGLEY, MARY CARMICHAEL, LAWRENCE J. EPSTEIN, GAIL SHEEHY, AND JONATHAN WEINER
World class treatment in a compassionate and caring environment is what patients expect and receive at the Kraus Back and Neck Institute. It is evident that Dr. Kraus' drive to perfect and innovate surgical techniques is as fresh as it was 17 years ago, when he first established his neurosurgery practice. Dr. Kraus' expertise with both minimally invasive surgery as well as traditional surgical procedures on the spine has kept him on the cutting edge of his field. Patients undergoing endoscopic and laser spine surgery return home the same day. His vast experience with conservative approaches such as epidural steroid injections and physical medicine, in addition to the thousands of surgeries he has performed, helped develop his understanding of pain, and allows him to provide his patients truly complete and comprehensive spine care.

"Constant pain has dramatic effects on patients. It consumes them and changes their lives. They can no longer do the things they used to enjoy. Getting rid of pain, changing lives, saving lives, is one of the most rewarding parts of my career."

Dr. Kraus strongly believes that "in order to successfully treat back, neck, leg and arm pain, we must first determine the source of the pain. It is only then that treatment can begin to correct the problem, relieve pain and restore function."

Dr. Kraus not only incorporates the newest techniques and technologies in his practice, but is also contributing to the field with surgical instrument patents pending. His publications include a world renowned textbook “Microsurgical Anatomy of the Brain: A Stereo Atlas” (publisher Williams and Wilkins), and numerous peer reviewed papers and book chapters in Neurosurgery.

The Kraus Back and Neck Institute helps patients from across the United States and foreign countries with travel arrangements.

Dr. Kraus is Chairman of Neurosurgery at Memorial Hermann Memorial City Hospital. He is Assistant Clinical Professor, Department of Neurosurgery at the University of Texas Medical School at Houston. He is Director of Neurosciences and the Gamma Knife Center at West Houston Medical Center. Dr. Kraus is board certified by the American Board of Neurological Surgery, and has been listed in “Best Doctors in America,” “Houston’s Top Doctors” in H Texas Magazine for four years, and “Who’s Who in America.”